

GRŴP IECHYD A DIOGELWCH GOGLEDD-ORLLEWIN CYMRU

NORTH WEST WALES HEALTH & SAFETY GROUP



Wednesday 13th July 2016 – 2.00pm – 4.00pm

Main Lecture Theatre, Ground Floor, School of Electronic Engineering, Dean Street, Bangor LL57 1UT

'Skin-deep? Skin Cancer and Dermatitis Awareness'

Andrew Clough, Accounts Manager, Arco & Nick Foort, Skincare Technical Specialist, Arco

Like our heart, liver etc, skin is a human organ too, made up of very specific cells and tissues, with the sole aim of creating a barrier between "you" and "the world". It is loaded with sensors, and has a very tough layered design to handle the realities of the environment like sunlight.

It has two main layers: the epidermis on the outside is the barrier, whilst the dermis, on the inside, holds all the "equipment" and is where the action is(!), consisting of sweat glands, hair follicles (each with its own tiny little muscle so that hair can stand on end) and nerve endings that can detect:

- Heat
- Cold
- Pressure
- Itch
- Pain

All these different nerve endings let you sense the world. They also help you protect yourself from burns, punctures and the like by warning you when something is damaging your skin.

Our skin is amazing. It keeps us together and protects us from the outside world so let us look after it!

THE TALK

Did you know?

- Skin Cancer is the biggest growing cancer
- On average 2,600 will die annually and this is increasing year on year
- The HSE are focussing on health with Skin Care Awareness high on its Agenda

- More people die in the UK than Australia per capita head now
- More organisations now ask for UV Scanner imagery for all new inductees, with follow up images taken every 3-5 years

Andrew and Nick will split their Talk into two parts. The first; is aimed at those spending time outdoors, including vehicles, exploring the risks and long-term damage caused by UVA and UVB.

There will also be an opportunity to have a **photo taken with a UV Scanner** to see what skin damage you may have. Remember all those years of sun bathing without Factor 50?!

The second part of the Talk will focus on dermatitis in the workplace; looking at the causes and what we can do to help sufferers.

Arco, is a family business, established over 130 years ago, who aim to keep people safe at work.

WHO SHOULD ATTEND

The Talk will cover useful information for those of us who have to consider skincare in the workplace as well as being pertinent to our lives outside of work too.

WHAT YOU NEED TO KNOW

The Talk starts at 2.15pm. Tea, coffee and biscuits served at 2pm.

Please display your parking permit.

FURTHER INFORMATION

Arco / HSE Skin at Work





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VENUE

The Main Lecture Theatre is on the ground floor of Bangor University's School of Electronic Engineering Building (this building may also be referred to as 'Informatics'), which is located on Dean Street in Bangor LL57 1UT. The Lecture room is accessible via the main entrance and then follow the directional signs on display.

The University is signposted from the A5/55 Expressway. A location map for the School of Electronic Engineering building can be found at: http://www.bangor.ac.uk/tour/LocationMap.pdf position 74.

CAR PARKING

The car park barrier to the University Dean Street Car Park should be open on the day. If there is a problem there is an intercom system which links to Reception / Security staff who will be able to raise the barrier for you.

Coming from Garth Road onto Dean Street, the entrance to the Car park is the second access road (unmarked – enters into University premises) on the left opposite the new NCP car park.

Please ensure you park within designated car parking spaces and display your Permit. The Car Parking Permit is printed at the bottom of this Flyer and must be displayed in the front windscreen. The University operates strict *Parking Regulations* and your vehicle may be towed-away immediately if blocking access or pedestrian routes or otherwise causing a health and safety hazard. Vehicles parked without a valid Permit may be immobilized and a cost is associated with its release.

FURTHER INFORMATION

For further Information on the Group please contact 'Health and Safety Services', Bangor University, Penbre, College Road, Bangor, LL572DG Tel 01248 38 3847, email: s.barnes@bangor.ac.uk or visit the Website at http://hsgroup.bangor.ac.uk



CAR PARKING PERMIT



Grŵp/Group: NWWHSG
DYDDIADAU/DATES: 13th July 2016

